

Skype Clinical Supervision Group Project Frequently Asked Questions

1) What is the purpose of the project?

- a. The groups are designed to bring clinical supervision to clinicians at a distance, with any level of education (BA, MA, MSW, PHD, MD), who are actively doing psychotherapy or counseling with adult or adolescent clients
- b. The groups will be recorded as they occur online in audio and video and the recordings will be employed in private, confidential training in the clinical supervision of psychotherapy
- c. Clinicians who agree to participate are giving their permission for the recordings to be employed at a later time to train other clinicians
- d. The recordings also serve as a record of the actual activity and attendants during group events

2) Who may participate?

- a. Behavioral health clinicians that are licensed in any state or are seeking licensure in Arizona are eligible for participation
- b. Only those clinicians actively working with clients, or clinical supervisors actively supervising supervisees will be accepted

3) How is participation initiated?

- a. Please study: http://www.psychod.com/?page_id=392, "For Supervisees," (note the series of links on the right side) and complete: http://www.psychod.com/CLSV_SuperviseeIntake.pdf Return that form, a copy of your license and your liability insurance by mail to: Skype Project, 350 S Williams Blvd Ste 140 Tucson, AZ, 85711, or by email to: perk@psychod.com
- b. You will be contacted by email shortly after we receive your documents to discuss your clinical work and training needs

4) What are the fees and cancellation policies?

- a. The fee is \$55 per supervisory hour that is offered to your group
- b. You are contracting for that fee per hour whether you attend the group or not
- c. Fees are paid monthly, in advance, by check to the supervisor or by using Paypal through the Store on this website: http://www.psychod.com/?page_id=37

5) How do the groups function?

- a. Groups will meet weekly at a set hour, lasting for 50 minutes
- b. Participants agree to weekly attendance and can end at any time by announcing **at the beginning of a group** that it is their last meeting
- c. Group members initiate the meeting by placing a Skype phone call to the number that they will receive, at the time that the group begins

- d. Clinicians will 'sign in' by announcing their name and holding their signature up to the camera that is transmitting their image to the group meeting
- e. Groups consist of a clinical supervisor and no more than five clinicians
- f. Identifying information about clients will be changed, obfuscated, omitted to insure client confidentiality is maintained
- g. Clinicians will present their most difficult cases in a common format (<http://psychod.com/CSCasePresentationModel2.pdf>) and will discuss same with the supervisor, one on one
- h. Other group members will be asked after the discussion of their observations or questions
- i. Often times clinicians can only witness the supervisory discussion (due to time and technology limitations) and must take responsibility to identify their own difficult cases and initiate presentation time

6) What about Continuing Education credits?

- a. The groups are hosted by Psychotherapy & Organizational Development, LLC which has continuing education sponsorship status with the American Psychological Association
- b. You will be emailed a CE certificate at any time you request one
- c. The learning objectives appear at the end of this document
- d. You will be asked to evaluate your progress on those objectives annually, or when you decide to end your participation in the groups
- e. Clinicians not seeking licensure-supervisory hours are receiving "clinical consultation," not clinical supervision, meaning that they retain the right and responsibility to conduct treatment with their client and are not in a hierarchical relationship with the group clinical supervisor

7) Will these credits count towards my licensing status in my setting?

- a. You are responsible to discuss the APA sponsorship of this training and your licensing situation with your licensing body
- b. We are making every effort to conform to AZ State licensing law rules (<http://www.azbbhe.us/ADOPTED%20RULES.pdf>)

8) Learning Objectives:

- a. How to present a case for clinical supervision
- b. How to use "process analysis" in clinical supervision
- c. How to use "skill competency" in clinical supervision
- d. How to listen: resistance vs. successful intervention
- e. How to practice clinical supervision with a supervisee
- f. How to document clinical supervision meetings

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