

**ONLINE
CLINICAL SUPERVISION
CHECKLIST
DURING QUARANTINE**

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THE BASICS

- PURPOSE
- CONTRACTING
- ETHICS
- PLATFORM
- PERMISSION FROM THE CLIENT
- A MODEL OF CASE PRESENTATION
- A MODEL OF CLINICAL SUPERVISION
- DOCUMENTATION

PURPOSE

- ENSURING CLIENT WELFARE: can client participate? resources?
- SUPPORTING STATE LICENSING: pace of hours/week
- MODELING CASE CONSULTATION and CONCEPTUALIZATION
- DECREASING ISOLATION: dialogue with clinician re: experience
- INCREASING THERAPEUTIC SKILLS: focus on technique
- WORKING WITH COUNTERTRANSFERENCE: experience with client

CONTRACTING

- RESEARCH SHOWS THERE IS VALUE IN INITIAL CONTRACTING BETWEEN SUPERVISEE AND SUPERVISOR
- EXAMPLE LOCATED [HERE](#)
- CREATE YOUR OWN CONTRACT MODEL
- IMPORTANT: GOALS OF THE SUPERVISEE; FREQUENCY; CANCELLATIONS
- IMPORTANT: ON-GOING FEEDBACK FROM EACH PARTY
- CREATE PERMISSION FORM FROM CLIENT TO THERAPIST

ETHICS

- EMERGENCY AVAILABILITY: WHO TO CONTACT?
- AZBBHE TELEPRACTICE STANDARDS, [here](#)
- ISSUES OF DIVERSITY, GENDER, CULTURE, AND COMMUNITY
- UNPROFESSIONAL CONDUCT, example [here](#)
- FREQUENCY, FEES, CANCELLATIONS

PLATFORM

- TELEPHONE
- ONLINE (VIDEO)
- HIPPA COMPLIANT? see [here](#)
- SUFFICIENT INTERNET CONNECTION SPEEDS both client and therapist

PERMISSION FROM CLIENT

- A FORM SIGNED BY THE CLIENT THAT
- CITES THE SUPERVISOR AND SUPERVISEE CONTACT INFORMATION
- CITES THE RIGHTS OF THE CLIENT TO CONFIDENTIALITY AND TO CONTACT THE SUPERVISOR
- CLIENT GIVES PERMISSION FOR SUCH CONVERSATIONS

A MODEL OF CASE PRESENTATION

- AVAILABLE ONLINE [HERE](#)

A MODEL OF CLINICAL SUPERVISION

- AVAILABLE ONLINE [HERE](#)
- RESEARCH DEMONSTRATES THAT 'HAVING A MODEL' OF CLINICAL SUPERVISION INCREASES VALUE FOR BOTH SUPERVISEE AND SUPERVISOR — FIND AND ADHERE TO A MODEL THAT WORKS FOR YOU

DOCUMENTATION

- REVIEWING CLIENT CASE FILES: PROBLEMATIC, UNLESS SUPERVISOR CAN ACCESS ELECTRONIC FILES AT THE TREATMENT FACILITY, FROM A DISTANCE
- MAINTAINING THE SUPERVISOR-SUPERVISEE NOTES FOR SEVEN YEARS
- MAINTAINING DATE-DURATION OF EACH MEETING
- USING ELECTRONIC SIGNING SOFTWARE LIKE DOCUSIGN (SUPERVISOR AND SUPERVISEE) FOR EACH DATE OF SUPERVISORY MEETINGS;