

## Carlton F. "Perk" Clark, MSW, ACSW Brief Biography

Carlton F. "Perk" Clark, MSW, ACSW is currently in private practice in Tucson Arizona, where he specializes in the conduct of psychotherapy and in organizational development. In the fall of 2000, he was an adjunct professor at the University of Arizona Department of Psychology, teaching a course he developed on transpersonal psychotherapy entitled "The Psychology of Spirituality and Religion".

His studies of transpersonal psychology began in the early 1970's, as inspired by the California Institute For Transpersonal Psychology, and he received his Masters of Social Work degree from Arizona State University in 1984. He has studied gestalt therapy, bioenergetic analysis, ego psychology, object-relations theory, gestalt family therapy, short-term counseling methods and transpersonal psychology. He began working as a psychotherapist in 1975, and developed a model of clinical supervision that he has applied in a number of behavioral health settings. He attends a clinical supervision group that began in 1985. Recently he has presented a 36-hour training program for psychological professionals on the topic of transpersonal psychotherapy.

His work with organizations was initiated in behavioral-health firms and has now been accomplished in diverse professional settings: hospitals, law firms, retail organizations, and high-tech computer manufacturing industries. His training came from University-level courses on organizational change and organizational development. He specializes in situations that are complex and highly charged, and is often sought-after when an organization is reporting diminished profits, morale, efficiency, or functioning. He concentrates on organizational change that is tangible, can be measured, and can be willingly accomplished by the members in the concerned setting.

He has published several papers including (1988) Computer Uses in Social Work and (2000) Transpersonal Group Psychotherapy. In 2002 he completed work on an unpublished manuscript entitled "R. D. Laing: What Was Therapeutic About That?"

His public presentations include:

### Psychotherapy

- Awareness, Meditation, and Psychotherapy
- Clinical Supervision Methods
- Competency Measures in Psychotherapy
- Computers and Psychotherapy
- Dual Diagnosis
- Managing Managed Care
- Meditation and Psychotherapy
- Men's Psychotherapy Groups
- Sufi Teaching Stories and Psychotherapy
- Ten Ways to Ruin a Successful Marriage
- The I Ching and Psychotherapy
- Transpersonal Group Psychotherapy
- Transpersonal Psychotherapy
- What Men and Women Say They Want

### Organizational Development

- Action Planning
- Communications in Organizations
- Growing a Psychotherapy Practice
- Institutionalized Denial of Experience
- Meeting Facilitation
- Participatory Management
- Strategic Planning
- Team Building
- Total Quality Management
- What is Organizational Development?